



Stronger Together



COMMUNITY HEALTH INITIATIVE OF
FARIBAULT & MARTIN COUNTIES

COMMUNITY HEALTH IMPROVEMENT PLAN PROGRESS REPORT MARCH 2020 - MAY 2021

01

INCREASE THE KNOWLEDGE OF ACES AMONG COMMUNITY MEMBERS AND PARTNERS AND THEIR EFFECT ON THE HEALTH OF OUR COMMUNITY.

OBJECTIVES:

BY MARCH, 31, 2020, SHARE LOCAL DATA AND INFORM COMMUNITY MEMBERS ABOUT THE PREVALENCE OF ACES, MENTAL HEALTH AND SUBSTANCE ABUSE ISSUES.

BY FEBRUARY 28, 2020, OFFER SOCIAL MEDIA TRAINING TO COALITION MEMBERSHIP.

BY MARCH, 31, 2020, DEVELOP A COMMUNICATIONS PLAN FOR 2020 TO INFORM AND EDUCATE THE COMMUNITY ABOUT RESILIENCY. ENSURE PLAN DIRECTLY CORRESPONDS TO COALITION ACTIVITIES UNDER COMMUNITY RESILIENCY STRATEGY 2.

BY SEPTEMBER 30, 2023, DEVELOP SHAREABLE SUCCESS STORIES TO HIGHLIGHT THE POSITIVE IMPACTS OF AREA ORGANIZATIONS.

ACTIVITIES COMPLETED:

- SHARED RESOURCES FOR MENTAL HEALTH MONTH IN MAY.
- UTILIZED SCHOOL LUNCHES TO SHARE RESILIENCY INFORMATION AND MENTAL HEALTH RESOURCES FOR TEENS AND PARENTS.
- PROCLAMATIONS FOR CHILD ABUSE PREVENTION MONTH (APRIL) ISSUED BY SEVERAL CITIES WITHIN THE TWO COUNTIES.
- ACES PRESENTATION TO USC PARENT GROUP



02

BUILD RESILIENCY IN INDIVIDUALS, FAMILIES, AND IN THE COMMUNITY THROUGH THE DEVELOPMENT AND IMPLEMENTATION OF POLICIES AND PRACTICES.

OBJECTIVES:

COALITION WILL STAY CURRENT WITH BEST PRACTICES FOR BUILDING COMMUNITY RESILIENCY, PROMOTING MENTAL WELLBEING, AND REDUCING SUBSTANCE ABUSE BY IDENTIFYING AND SHARING INFORMATION QUARTERLY.

BY 2023, INCREASE RESILIENCY IN FARIBAUT AND MARTIN COUNTIES BY IDENTIFYING AND IMPLEMENTING AT LEAST 10 STRATEGIES/PROGRAMS/POLICIES OR PRACTICES.

ACTIVITIES COMPLETED:

- YELLOW ZONE TOOLKITS TRAINING OFFERED (BASECAMP). PARTNERSHIP WITH SHIP TO OFFER PILOT PROJECTS. TWO SITES AWARDED PROJECTS.
- CONTINUED TO PROVIDE HEALTHY FAMILIES AMERICA HOME VISITING USING TELEHEALTH/VIDEO CONFERENCING TOOLS DURING COVID-19 PANDEMIC. HOME VISITORS ARE FINDING CREATIVE AND UNIQUE WAYS TO ENGAGE FAMILIES IN SERVICES.
- FAIRMONT ELEMENTARY SCHOOL STAFF TRAINED USING 1000 PETALS, IMPLEMENTED MINDFULNESS BASED SEL CURRICULUM & CLASSROOM PRACTICES

- THREE AREA SOCIAL WORKERS TRAINED BY DR. SOOD RESILIENCY TRAINING - SMART - STRESS MANAGEMENT RESILIENCY TRAINING- OFFERING PRESENTATIONS IN THE COMMUNITY.
- UNITED SOUTH CENTRAL SCHOOLS RESCHEDULED CHANGE TO CHILL TRAINING FOR STAFF; PBIS TEAMS AND ADMIN PARTICIPATED IN 1000 VIRTUAL MINDFUL MOVEMENT INTRO TRAINING.
- GRANADA HUNTLEY EAST CHAIN (GHEC) SCHOOLS SOCIAL WORK STAFF HAVE COMPLETED MINDFUL SCHOOLS EDUCATOR TRAINING TO SHARE WITH STAFF AND UTILIZE IN WORKING WITH STUDENTS; STAFF ATTENDED SHIP MINDFUL MOVEMENT TRAINING/ CHANGE TO CHILL TRAINING
- BLUE EARTH AREA SCHOOLS ARE USING MOVE THIS WORLD SEL CURRICULUM
- USC SCHOOL DISTRICT NOW HAS SCHOOL-LINKED MENTAL HEALTH SERVICES AND OTHER SCHOOLS HAVE EXPRESSED INTEREST IN OBTAINING SIMILAR SERVICES. MET WITH LOCAL SCHOOL DISTRICT TO DISCUSS SCHOOL-BASED MENTAL HEALTH SERVICES.
- BRIDGES OUT OF POVERTY TRAINING OFFERED VIRTUALLY IN JUNE 2020 WITH 200 IN ATTENDANCE. AN ENCORE OFFERING WAS PROVIDED IN AUGUST 2020.
- MENTAL HEALTH FIRST AID FOR RURAL COMMUNITIES TRAINING COMPLETED BY CERTIFIED STAFF.
- MENTAL HEALTH FIRST AID COURSE OFFERED AT NO-COST COMMUNITY WIDE FOR THREE OFFERINGS IN 2021. PLANNING ADDITIONAL TRAININGS.
- CELEBRATING FAMILIES PROGRAM SUCCESSFUL LAUNCHED, BUT NEEDED TO STOP DUE TO COVID. WORKING WITH PROGRAM COORDINATORS TO IDENTIFY SUSTAINABLE FUNDING SOURCE. PLANS TO RESTART SERVICE IN SEPTEMBER 2021.
- UTILIZED SCHOOL LUNCH PROGRAM IN MARTIN COUNTY DURING COVID-19 TO PROVIDE INFORMATION TO STUDENTS/FAMILIES ABOUT TOBACCO CESSATION AND MENTAL WELLBEING - IN PARTNERSHIP WITH MCSAP
- MENTAL HEALTH CASE MANAGERS CONTINUE TO MAKE REFERRALS FOR THEIR CLIENTS TO TRAUMA-INFORMED SERVICES. TELEHEALTH OPTIONS HAVE GREATLY EXPANDED THE PROVIDERS TO WHICH A CLIENT HAS ACCESS, WHICH HAS GREATLY INCREASED CLIENT CHOICES IN SERVICES.
- HUMAN SERVICES COMPLETED A PROGRAM EVALUATION OF THE CHILD PROTECTION DIVISION. SEVERAL PROGRAMMATIC CHANGES WERE MADE WHICH PROMOTE A FOCUS ON PREVENTION, INCLUDING EXPANSION OF A PREVENTION PROGRAM AIMED AT SUPPORTING SCREENED OUT FAMILIES WITH RESOURCES AND PREVENTING REPEAT REPORTS.

- THE PANDEMIC HAS CAUSED AN EXPLOSION OF USE OF TELEHEALTH SERVICES. PROVIDERS RAPIDLY MOVED TO PROVIDING ALL SERVICES VIA TELEHEALTH OR BY PHONE, WITH ONLY A VERY SMALL MINORITY OF PROVIDERS STILL SEEING CLIENTS IN PERSON. CURRENTLY, MANY PROVIDERS ARE OFFERING A HYBRID MODEL OF SOME IN PERSON AND SOME TELEHEALTH SERVICES, WITH SOME PROVIDERS CONTINUING TO EXCLUSIVELY SEE CLIENTS EITHER IN PERSON OR VIA TELEHEALTH. OUR AGENCY AND MANY OTHERS HAVE QUICKLY LEARNED WHICH PLATFORMS DO OR DO NOT WORK WELL FOR TELEHEALTH AND MANY WEBINARS AND TRAININGS HAVE QUICKLY BECOME AVAILABLE ABOUT PROVIDING EFFECTIVE MENTAL HEALTH SERVICES THROUGH TELEHEALTH PLATFORMS.
- A RANGE OF MENTAL HEALTH SERVICES HAVE BEEN OFFERED VIA TELEHEALTH, INCLUDING CTSS OR ARMHS, OUTPATIENT THERAPY, INTENSIVE OUTPATIENT, AND PSYCHIATRY.
- EUNOIA HAS RECRUITED A PSYCHIATRIST WHO CAN SEE CLIENTS AGES 4 AND UP. THIS PSYCHIATRIST IS PHYSICALLY LOCATED IN TEXAS SO WILL EXCLUSIVELY SEE CLIENTS NOW AND IN THE FUTURE VIA TELEHEALTH.
- HUMAN SERVICES RECEIVED A SMALL GRANT THAT CAN BE USED TO ASSIST CLIENTS WITH OBTAINING THE TECHNOLOGY TO UTILIZE TELEHEALTH SERVICES.
- HUMAN SERVICES ESTABLISHED TWO NEW PROVIDERS WITH THE MENTAL HEALTH CLIENT ASSISTANCE PROGRAM (MHCAP), WITH ONE MORE PROVIDER IN FARIBAULT COUNTY EXPRESSING INTEREST. MHCAP PROVIDERS HAVE ALSO BEEN ABLE TO UTILIZE TELEHEALTH IN VARYING DEGREES DURING THIS TIME.
- HUMAN SERVICES ALSO RECEIVED A GRANT TO SUPPORT MENTAL HEALTH AND SUICIDE PREVENTION AMONG THE AGRICULTURAL COMMUNITY.
- THREE MEMBERS COMPLETED BRIDGES OUT OF POVERTY TRAIN THE TRAINER AND BEGAN OFFERING TRAININGS THROUGHOUT THE TWO COUNTIES.





INCREASE ACCESS TO EVIDENCE-BASED PREVENTION PROGRAMS AIMED AT REDUCING THE ONSET OF CHRONIC DISEASE.

OBJECTIVES:

COMMUNITY LEADERSHIP TEAM (CLT) WILL DEVELOP LIFESTYLE RX RESOURCE LIST BY OCT 2020.

DEVELOP PARTNERSHIPS THROUGH CLT TO INCREASE NUMBER OF REFERRALS BETWEEN PROVIDERS AND CHRONIC DISEASE MANAGEMENT PROGRAMS BY JAN 2021.

SHIP WILL PROVIDE 4 MOTIVATIONAL INTERVIEWING TRAININGS TO AREA PROVIDERS MAY 2020-JAN 2021.

CLT WILL WORK TO ESTABLISH FOOD RX PROGRAM UTILIZED BY AREA PROVIDERS BY JAN 2021.

IDENTIFY PLAN TO OFFER CHRONIC DISEASE SCREENINGS IN COMMUNITIES AND WORKPLACES BY OCT 2020.

ACTIVITIES COMPLETED:

- IDENTIFIED A TRAINER TO PROVIDE MOTIVATIONAL INTERVIEWING TRAINING FOR HEALTH CARE PROFESSIONALS.
- TRAUMA INFORMED HEALTH CARE TRAINING TAKING PLACE MAY 2021, TRAINING SEVERAL HEALTH CARE PROVIDERS, ANCILLARY STAFF AND CASE MANAGERS.

04

IMPLEMENT EVIDENCE-BASED STRATEGIES TO PROMOTE BREASTFEEDING FOR ALL NEW MOTHERS IN FARIBAULT AND MARTIN COUNTIES.

OBJECTIVES:

ESTABLISH BABY CAFÉ IN FARIBAULT CO IN WELLS AND BLUE EARTH THROUGH ECFE/ WIC CLINIC BY DEC 2021

BY JUNE, 2021 OFFER CERTIFIED LACTATION COUNSELOR TRAINING IN FAIRMONT, MN.

INCREASE WIC REFERRAL FROM PROVIDERS BY JUNE 2021.

INCREASE BREASTFEEDING HOME VISITS WITH MATERNAL CHILD HEALTH PROGRAM BY JUNE 2021

ACTIVITIES COMPLETED:

- OFFERED CERTIFIED LACTATION CONSULTANT COURSE ONLINE IN MAY 2020. ALL PUBLIC HEALTH STAFF WORKING WITH FAMILIES AND CHILDREN AND SEVERAL AREA HEALTHCARE STAFF COMPLETED CLC COURSE.
- WORK STARTED TO DEVELOP AN ONLINE APPLICATION PROCESS TO SIMPLIFY AND CREATE EASE OF ACCESS TO PROGRAM SERVICES (WIC, HEALTHY FAMILIES, MATERNAL CHILD HEALTH SERVICES)
- BABY CAFÉ PROGRAM OFFERED WEEKLY VIA ZOOM MEETINGS. IN-PERSON HOME VISITS FOR BREASTFEEDING SUPPORT CONTINUING TO HAPPEN WITH FAMILIES.
- HUMAN SERVICES RECEIVED GOLD RECOGNITION AS A BREASTFEEDING FRIENDLY HEALTH DEPARTMENT.



05

IMPLEMENT EVIDENCE-BASED STRATEGIES TO REDUCE CHRONIC DISEASE, OBESITY AND TOBACCO USE ACROSS FARIBAUT AND MARTIN COUNTIES.

OBJECTIVES

INCREASE AWARENESS OF SAFE WALKING AND BIKING OPPORTUNITIES THROUGH SOCIAL MEDIA, BIKE EDUCATION IN SCHOOLS, WORKSITE WELLNESS PROGRAMS BY MAY 2020.

DECREASE THE PERCENTAGE OF 11TH GRADERS WHO ARE OVERWEIGHT OR OBESE ACCORDING TO BMI BY 3% BY AUG 2022.

DECREASE THE PERCENTAGE OF ADULTS WHO ARE OVERWEIGHT OR OBESE ACCORDING TO BMI BY 5% BY AUG 2022.

DECREASE YOUTH TOBACCO USAGE BY 10% BY AUG 2022.

OFFER BIKE SAFETY EDUCATION [BIKE RODEO] AT ALL SCHOOLS IN BOTH COUNTIES 1X PER YEAR BY AUG 2022.

INCREASE FOOD INSECURE SCREENED CLIENTS SERVED BY AREA FOOD SHELVES THROUGH REFERRALS FROM PROVIDERS THROUGH USE OF AUNT BERTHA RESOURCES AND ALCOHOL AND OTHER DRUGS SCREENING TOOLS BY OCT 2020.

IMPLEMENT 2 NEW COMMUNITY GARDEN SITES BY MARCH 2022.

INCREASE ALL AREA DISTRICTS PARTICIPATION IN WALK/BIKE TO SCHOOL DAYS 2X PER YEAR BY AUG 2021.



ACTIVITIES COMPLETED:

- CONTINUED TO WORK WITH COMMUNITY FOOD PARTNERSHIPS TO ADVANCE WORK.
- PARTNERED WITH LOCAL TRANSIT TO DELIVER FOOD TO THOSE IDENTIFIED WHO ARE NOT LEAVING THEIR HOMES RIGHT NOW; SHARED FOOD DISTRIBUTION INFO OUT TO NETWORKS.
- CONTINUED TO WORK WITH ACTIVE LIVING COALITIONS TO PROMOTE WALKING/BIKING. USED SOCIAL AND PRINT MEDIA TO ENCOURAGE SAFE WALKING /BIKING ACTIVITIES IN COMMUNITIES.
- TOBACCO CESSATION INFORMATION PROVIDED TO YOUTH AND FAMILIES UTILIZING THE SCHOOL LUNCH PROGRAM DURING THE PANDEMIC.
- BIKE TRAILER WITH BIKES PURCHASED TO BE SHARED ACROSS SCHOOLS IN BI-COUNTY AREA AS PART OF BIKE EDUCATION PROGRAM/CURRICULA.
- COMPLETED TOBACCO AUDITS OF LOCAL RETAIL STORES TO UNDERSTAND TOBACCO ENVIRONMENT. CONTINUED WORK WITH TOBACCO CESSATION EDUCATION.
- MARTIN COUNTY YOUTH CONNECTIONS PUBLICATION STARTED - 3 OFFERINGS PER YEAR SENT TO HOMES WITH SCHOOL AGE CHILDREN, FOCUSED ON RESILIENCY, PREVENTION AND HEALTH.





IMPROVE ACCESS TO CULTURALLY AND LINGUISTICALLY APPROPRIATE MEDICAL, DENTAL AND MENTAL HEALTH CARE FOR ALL RESIDENTS OF FARIBAULT AND MARTIN COUNTIES.

OBJECTIVES

BY DECEMBER 31, 2021 INCREASE THE NUMBER OF PROVIDERS OFFERING DENTAL SERVICES FOR INDIVIDUALS ON MEDICAL ASSISTANCE THROUGH PARTNERSHIP WITH APPLETREE DENTAL.

ESTABLISH A DENTAL NETWORK IN FARIBAULT COUNTY BY DECEMBER 21, 2021.

BY DECEMBER 31, 2020, CONTRACTS WILL BE EXECUTED BETWEEN UHD/MAYO HEALTH SYSTEM – FAIRMONT/ WELLS – AND PRAIRIE EXPRESS TRANSIT

INCREASE THE NUMBER OF MOBILE DENTAL CLINICS OFFERED TO RESIDENTS IN FARIBAULT AND MARTIN COUNTIES.

INCREASE AWARENESS OF HEALTH AND DENTAL CARE ACCESS ISSUES AMONG ELECTED OFFICIALS.

INCREASE PARTNERSHIPS AND AWARENESS OF MENTAL HEALTH SERVICES AVAILABLE TO RESIDENTS OF FARIBAULT & MARTIN COUNTIES.

IMPROVE ACCESS TO TELE-HEALTH MENTAL HEALTH SERVICES TO RESIDENTS IN FARIBAULT & MARTIN COUNTIES.

ACTIVITIES COMPLETED:

- EUNOIA HAS RECRUITED A PSYCHIATRIST WHO CAN SEE CLIENTS AGES 4 AND UP. THIS PSYCHIATRIST IS PHYSICALLY LOCATED IN TEXAS SO WILL EXCLUSIVELY SEE CLIENTS NOW AND IN THE FUTURE VIA TELEHEALTH.
- APPLETREE DENTAL OPENED SITE AT MAYO HEALTH SYSTEM, FAIRMONT
- DUE TO COVID-19 ALL TRANSIT SERVICES OFFERED NO-COST RIDES THROUGH 2020. CONTACTS BETWEEN PRAIRIE LAKES AND LOCAL MEDICAL PROVIDERS ARE DRAFTED TO INITIATE AFTER FREE SERVICE EXPIRES.
- PROMOTION OF PREVENTATIVE HEALTH AMONG LOCAL HEALTH CARE PARTNERS.
- MAYO CLINIC HEALTH SYSTEMS CONTRACT WITH LOCAL TRANSPORTATION VENDOR TO SUPPORT PATIENTS WITH TRANSPORTATION BARRIERS DISCHARGING FROM MAYO REGIONAL SITES.



07

INCREASE THE PERCENTAGE OF ADULTS AND CHILDREN WHO RECEIVE ANNUAL PREVENTATIVE HEALTH CARE SERVICES.

OBJECTIVES

IDENTIFY OR DEVELOP SYSTEM CHANGES THAT PROMOTE EASE OF SCHEDULING TO INCREASE PATIENT UTILIZATION OF PREVENTATIVE SERVICES.

IMPLEMENT COORDINATED PATIENT EDUCATION AND AWARENESS CAMPAIGN TO PROMOTE PREVENTATIVE HEALTH SERVICES.

COMPLETE OUTREACH WITH MEDICAL AND DENTAL PROVIDERS TO PROMOTE CHILD AND TEEN CHECK-UPS.

ACTIVITIES COMPLETED:

- CHILD AND TEEN CHECKUP (CTC) CLINICS PROVIDED BY PUBLIC HEALTH INTERMITTENTLY DURING 2020 - 2021 DUE TO COVID-19, LIMITED AVAILABILITY TO TRAIN NEW STAFF AND STAFF MEDICAL LEAVE.

